
 <p>PHILIPPINE HEART CENTER INCIDENT COMMAND POST</p>	Document Type	Document Code: GL-OED-ICP-006
	GUIDELINES	Effective Date: August 2022
	Document Title	Revision Number: 5
	RISK ASSESSMENT FOR POTENTIAL EXPOSURE WITH LABORATORY-CONFIRMED COVID-19	Page: 1 of 3

REVISION HISTORY			
Rev No.	Review Date	Description of Change	Date of Next Review
1	July 17, 2020	Quarantine from 14 days to 10 days	July 2023
2	August 24, 2020	Added anosmia and loss of taste Added CDC timeline item number 2 Change medium to moderate	August 2023
3	April 5, 2021	For High-Risk Close Contact: To complete 14 days instead of 10 days quarantine.	April 2023
4	December 29, 2021	Adopted the 2021 CDC Guidelines. Changed ER COVID to ER Special Triage	December 2024
5	August 29, 2022	Removal of High-risk Exposure	August 2025

Reviewed by:	 GERARDO S. MANZO, MD Incident Commander	Approved by:	 JOEL M. ABANILLA, MD Executive Director
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I. OBJECTIVE

This shall serve as a guide in determining the level of exposure and its corresponding recommendation for healthcare workers who are potentially exposed to laboratory confirmed Covid-19 patients.


II. SCOPE

This guideline applies to all PHC Healthcare Workers.

III. GUIDELINES

1. The level of exposure risk shall be categorized as low, moderate and high risk.
2. Prolonged close-contact shall be described as being with the Covid-19 patient with a distance of 1 meter or less for more than 15 minutes starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to positive specimen collection) until the time the patient is isolated.
3. Contact tracing shall be conducted for close contacts of laboratory confirmed COVID-19 patient only.

Risk Level	Exposures Identified through Contact Investigations	Management
High	Providing care for laboratory-confirmed COVID-19 PHC patient <p style="text-align: center;">- OR -</p> History of prolonged close-contact* with laboratory-confirmed COVID-19 patient <p style="text-align: center;">- OR -</p> Direct contact with laboratory-confirmed COVID-19 patient <p style="text-align: center;">- OR -</p> Living in the same household with laboratory-confirmed COVID-19 patient <p><u>not wearing the recommended Personal Protective Equipment (PPE).</u></p>	<p>FULLY VACCINATED and ASYMPTOMATIC</p> <ul style="list-style-type: none"> • Strict adherence to COVID-19 safety precautions • No work restrictions. • Self-monitoring**. • Immediate ER Special triage notification once signs and symptoms developed. <p>SYMPTOMATIC</p> <ul style="list-style-type: none"> • Relieve from duty. • Immediate isolation and medical evaluation in the ER Special triage. • For RT-PCR • Infirmary for clearance prior to resumption of duty.

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Moderate	<p>Providing care for laboratory-confirmed COVID-19 PHC patient</p> <p style="text-align: center;">- OR -</p> <p>History of prolonged close-contact* with laboratory-confirmed COVID-19 patient</p> <p style="text-align: center;">- OR -</p> <p>Direct contact with laboratory-confirmed COVID-19 patient</p> <p style="text-align: center;">- OR -</p> <p>Living in the same household with laboratory-confirmed COVID-19 patient</p> <p style="text-align: center;"><u>wearing the recommended Personal Protective Equipment (PPE).</u></p>	<p>ASYMPTOMATIC</p> <ul style="list-style-type: none"> • No work restrictions. • Self-monitoring**. • ER Special Triage consultation once signs and symptoms developed. <p>SYMPTOMATIC</p> <ul style="list-style-type: none"> • Restrict from duty. • Medical evaluation in the ER Special Triage. • Infirmary for clearance prior to resumption of duty.
Low	<p>Brief interaction with laboratory-confirmed COVID-19 person such as walking by the person or being briefly in the same room</p>	<p>ASYMPTOMATIC</p> <ul style="list-style-type: none"> • No work restrictions. • Self-monitoring**. • ER Special Triage consultation once signs and symptoms developed. <p>SYMPTOMATIC</p> <ul style="list-style-type: none"> • Medical evaluation in the ER Special Triage. • Infirmary for clearance prior to resumption of duty.

***Prolonged close contact** is described as being with the COVID-19 patient with a distance of 1 meter or less for more than 15minutes.

****Self-monitoring** includes checking of temperature twice daily and remain alert for development of any signs and symptoms such as cough, colds, sore throat, diarrhea, flu-like illness, anosmia, loss of taste and fever.